

# THE BUILDING MAINTENANCE COMPANY RISK ASSESSMENT



**GRA48**

GENERIC

X

SITE SPECIFIC

Activity/Element
Manual Handling

Potential Hazards
Risk to back, arms and stomach muscles.

**RISK RATING:** Consequence x Likelihood = Risk Rating

Consequence	Likelihood	Risk Rating
1 Negligible/No effect <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>	1 Extremely Remote <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>	1-4 Trivial <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>
2 Marginal <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>	2 Remote <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>	5-8 Acceptable <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>
3 Critical <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block; text-align: center;">X</span>	3 Reasonably Probable <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block; text-align: center;">X</span>	9-12 Substantial <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block; text-align: center;">X</span>
4 Catastrophe <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>	4 Probable <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>	13-16 Intolerable <span style="float: right; border: 1px solid black; width: 20px; height: 20px; display: inline-block;"></span>

**BEFORE CONTROLS:**

CONSEQUENCE

3

LIKELIHOOD

3

RISK RATING

9

**People Affected by the works:-**

Members of the Public

Site Staff

Site Operatives

X

Visitors to Site

**CONTROL MEASURES:**

- Assess load, task and environment.
- Make sure path is clear of potential trip hazards.
- Check load has no jagged edges or loose parts.
- If concerned about weight, do not attempt to lift.
- Does the load need to be split?
- Is PPE required before lifting e.g. gloves?
- Consider pulling and/or pushing load rather than lifting.
- All Operatives must be trained in manual handling techniques.
- Use leg muscles to lift, not back muscles.
- Break the lift into 2 actions, lift to waist level then to required height.
- Consider use of equipment to lift very heavy equipment.
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N.B. Employees duties under Regulation 14 of MHSWR to inform employer of any circumstances which might indicate a shortcoming in the above assessment.

**AFTER CONTROLS:**

CONSEQUENCE

3

LIKELIHOOD

2

RISK RATING

6

Project: \_\_\_\_\_ Generic \_\_\_\_\_ Date \_\_\_\_\_

Issued To: \_\_\_\_\_ Issued By : \_\_\_\_\_ MJ Lancaster \_\_\_\_\_

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_ \_\_\_\_\_

Position: \_\_\_\_\_ Position: \_\_\_\_\_ Health & Safety Manager \_\_\_\_\_